

Journal of Mystical Intimacy
Keys of Engaging

Key #12

Center on inner peace and love, for it is from here that truth arises.

How did engaging with your wild-scape from a place centered on inner peace and love influence your experience?

Were there specific experiences that stood out for you? If so, how?

What emerged into your awareness that was hidden to you before?

Have these heart-centered experiences changed you? Has your heart space expanded and become more compassionate and accepting? If so, how?

Have you reached a new level of truth and understanding in relationship to your wild-scape? If so, how have your perceptions changed?

How did your experiences feel mystical?



Ideas, elements, aspects of the place to deepen with:



"Empty your mind of all thoughts.

Let your heart be at peace."

~ Lao Tzu