

Earth-Heart Living: A Deep Dive Journey

Journal of Mystical Intimacy

Keys of Engaging

Key #9


Build relationship.

Offer the land a gift
to show appreciation and respect,
and to build trust.



What was it like being engaged with the land by actively offering it a gift?
Did you find it a joyful, easy process or challenging? How so?

When we consciously offer something from our heart we come from a
place of humility. Did anything shift for you in your experience of the place
when you opened your heart to it in this way?



How has your relationship to the place changed from when you first began connecting with it? How has this relationship changed you?

What does having appreciation and respect for the land look like to you? How did this manifest for you?

Have you reached a new level of trust regarding your sense of connection and belonging to the land as a whole? What does this look like?

How did your experiences feel mystical?

Ideas, elements, aspects of the place to deepen with:

Listening to the Land

"My painting is what I have to give back to the world
for what the world gives to me"

~ Georgia O'Keefe