

Earth-Heart Living: A Deep Dive Journey

Journal of Co-creative Presence

Keys of Quickening

Key #8

Allow for subtlety.

The soul of a place most often lies beyond the obvious, hidden in plain sight.



How has actively opening to the subtle aspects of your wild place shifted your experience of being there? Has it influenced your connection to it?

Did the place appear different to you? What was it like?

What emerged into your awareness that was hidden to you before?

What sensations did you feel in your body as you became aware of the subtle, hidden presences of your place?

What was it that delighted you? What made you feel uncomfortable?

How did these hidden aspects inspire you?

What features of the place did you focus on? Why?

Significant moments:

Ideas, elements, aspects of the place to deepen with:



Listening to the Land

"Look deep into nature and then
you will understand everything better."

~ Albert Einstein