

Earth-Heart Living: A Deep Dive Journey

Journal of Wild Body Wisdom

Keys of Perceiving

Key #17

See the Spirits of Place
in all of nature present
around you.



The Spirits of Place permeate a landscape with a unique atmosphere.
What did you discover that gave you a clearer understanding of the Spirits
of Place in your wild-scape?

How did this new understanding come about? Was it something subtle or
did it come as a surprise?

Your body's wisdom holds everything you need to follow this path of Each-Heart Living. What was the experience of connecting with the Spirits of Place like in your body?

Did you resonate with a specific aspect, a certain quality of your wild-scape that you hadn't in the past? If so, what happened?

How has your understanding of your wild-scape changed now that you've deepened with the Spirits of Place there?

Ideas, elements, aspects of the place to deepen with:

Listening to the Land

"Between every two pines is a doorway to a new world."

~ John Muir