

# Earth-Heart Living: A Deep Dive Journey

## Journal of Mystical Intimacy

### Keys of Engaging

#### Key #10

Be respectful.  
Honor the presence of all  
that you experience.



As you engaged with the land by honoring all that you experienced, how did this shape your awareness?

Choosing to consciously respect all that you encounter can shift your awareness to one of inclusion. How did you experience this?

Did respecting what you experienced change anything in you? Were you made aware of an aspect of the place or yourself in a new way?

What emerged into your awareness that delighted you? What was it that captivated you about it?

Was there anything that you found challenging to respect? How did this show up for you and how did you find resolution?

How did your experiences feel mystical?

Ideas, elements, aspects of the place to deepen with:



# Listening to the Land

"Be kind to all kinds, not just humankind."

~ Anthony Douglas Williams