

# 10 TIPS FOR LIVING IN ALIGNMENT

## A Quick Reference Guide

1

**LIVE WITH WHAT YOU LOVE!**  
Surround yourself with what brings you joy.

2

**CHANGE IT UP!**  
Release the old and celebrate the new.

3

**CREATE SACRED 'ME' SPACE**  
Create a nourishing space within your home that renews your spirit.

4

**CREATE A HOME THAT HONORS YOU**  
Honor your needs by establishing healthy boundaries.

5

**INVITE NATURE IN!**  
When we choose to bring nature into our home, we soothe our soul.

10

**SHARE YOUR HOME WITH ANIMALS**  
Animals can enrich your life in profound ways and turn your house into a true home.

6

**ORIENT YOURSELF WITHIN THE LANDSCAPE**  
Locate yourself in place and time to deepen your sense of belonging to where you live.

7

**OBSERVE ~ CONNECT ~ RELATE**  
Relate on a deeper level with your home and learn what is important, what feels good and what needs changing.

8

**DESIGN FOR RESONANCE**  
Determine the dominant energetic quality of your space and decorate in ways that complement it and balance it out.

9

**CELEBRATE SPECIAL MOMENTS**  
Moments of joy bring vibrations of peace, love and happiness that will nurture you over time.