

# Earth-Heart Living: A Deep Dive Journey

## Journal of Wild Body Wisdom

### Keys of Perceiving

#### Key #18

**See beauty in everything.**

Beauty is one of the languages  
of the Earth. Learn this language  
and much will become  
clear to you.



Beauty is everywhere. How did it show up for you in your engagement with your wild-scape this week?

Was there anything that you once found unattractive that you now see as beautiful? What was it that changed for you?

What does beauty as a language of the Earth mean to you?

Has this new language of beauty influenced other areas of your life? If so, how has your life changed?

How has your definition of beauty and what you think is beautiful changed?

Ideas, elements, aspects of the place to deepen with:

# Listening to the Land

"The beauty of the natural world lies in the details."

~ Natalie Angier