

# Earth-Heart Living: A Deep Dive Journey

## Journal of Co-creative Presence

### Keys of Quickening

#### Key #5

Be curious and child-like.  
The land is radiant with joy  
and responds to your delight.



How did being more engaged with the place shift your experience of being there? How is your connection to the place growing?

Did the place appear different to you? What did it radiate out to you?

What emerged into your awareness that was unexpected?

What was it about the place that sparked your curiosity?

Play enlivens our experiences. Were you able to experience child-like joy and excitement? How did they show up for you?

How did the place make you feel in your body and emotions?

Significant moments:

Ideas, elements, aspects of the place to deepen with:

# Listening to the Land

"Forget not that the earth delights to feel your bare feet  
and the winds long to play with your hair."

~ Khalil Gibran